

CLARUS AeTHER

EQU A DOOR



DRIVERS' BODY MANUAL

HUMAN BEINGS 2.0 – CHAOS OFFSET EDITION



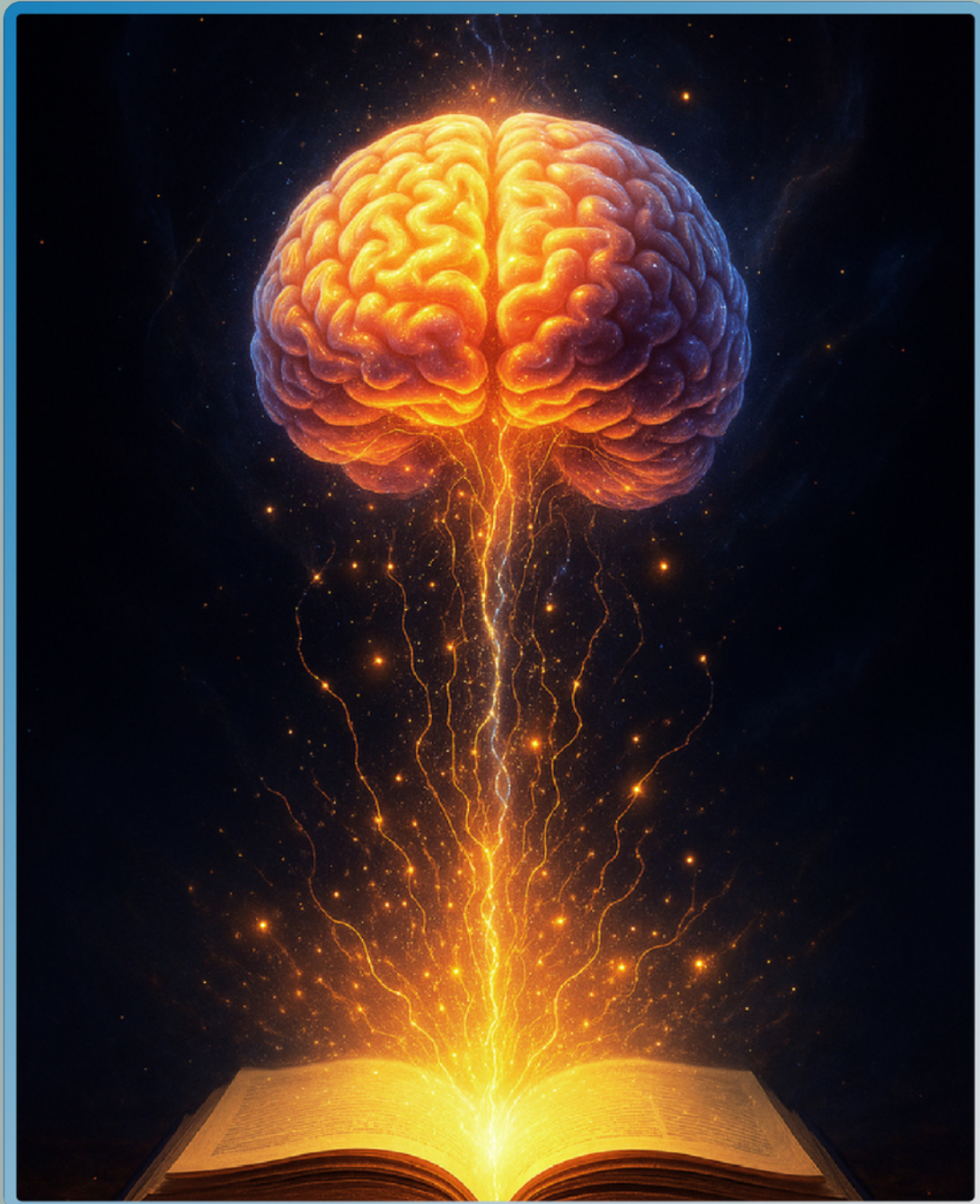
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No. 1

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The Minerals Fundamentals:

“What your body’s natural systems utilize”

Disclaimer:

"We do not know anything about legal (medicines) nor illegal drugs. If you need medical advice on legal drugs, visit your Doctor. What we provide is educational knowledge about body maintenance.

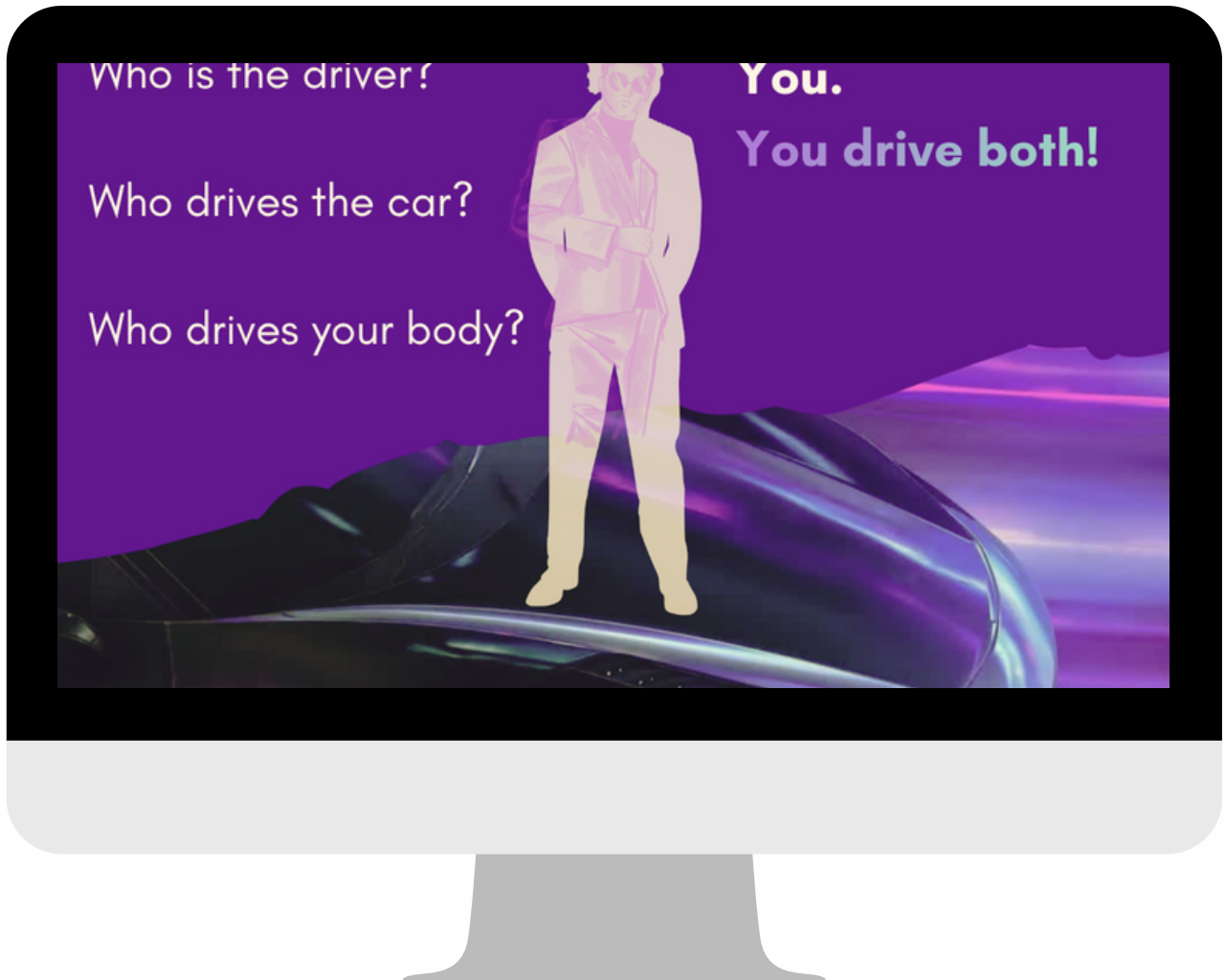
*The only advice we give is: **do not consume drugs.***

This content is for educational purposes only. No medical advice. No diagnoses. No prescriptions."

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*"A driver who understands both machines
- steel and sinew - needs no manual.*

This is for the rest of the journey."

The Blood Truth

The freedom to fuel your health and ditch the lies that hold you back.

When talking about our body, “to be or not to be” sounds like:

Input *chemicals* or input *mineral* salts.

To be clear:

“Anything you put in your car's gas tank will empower or affect the car's performance.

The same is true with your body. Anything you put into your body affects the BLOOD composition.”

*Your blood doesn't lie.
It thrives or suffers based on what you feed it.*

Let's cut through the confusion.

Why minerals, not chemicals?

Your body is not a chemistry experiment. It is a natural system - an electric vehicle powered by earth-born elements.

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The Blood Truth

Here is what the food industry does not tell you:

Your brain generates electricity. Your heart generates magnetism. Both depend entirely on mineral salts, not commercial table salt, but natural sea salt and its full spectrum of trace minerals.

Why?

- *Because electricity needs a conductor.*
- *Magnetism needs a medium.*

Mineral salts allow electrical pulses to flow along your body efficiently, from neuron to neuron, from heart to fingertip.

Your blood doesn't lie.

It thrives or suffers based on what you feed it.

*Your body is a battery.
Just like a car's battery. No difference.*

A car battery stores electricity. It requires high-octane fuel. It requires mineral salts in the electrolyte solution to conduct and store energy.

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The Blood Truth

Your body works the same way, by design, not by choice.

It requires mineral salts + water.

These are the **ONLY** energy conductors, magnetism conductors, and energy storage systems your body has.

No alternatives. None. By design.

Your Lamborghini does not run on coffee.
Your Lambody does not run on coffee.

Your Lamborghini *does not run on sugar*.
Your Lambody *does not run on sugar*.

- *Coffee is not* a replacement for car gas.
- *Sugar does not* replace octane.
- *Sugar does not* replace mineral salts.

One fuel. One source. One design.



Earth



Water



Fire



Air



Ether

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The Blood Truth

Your body runs on water with mineral salts.

Not chemicals. Not sugar. Not caffeine. Not drugs.
Water. Mineral salts. Conductivity. Life.

Two vehicles. One rule.

You do not drive a car under the influence of alcohol or any drug.

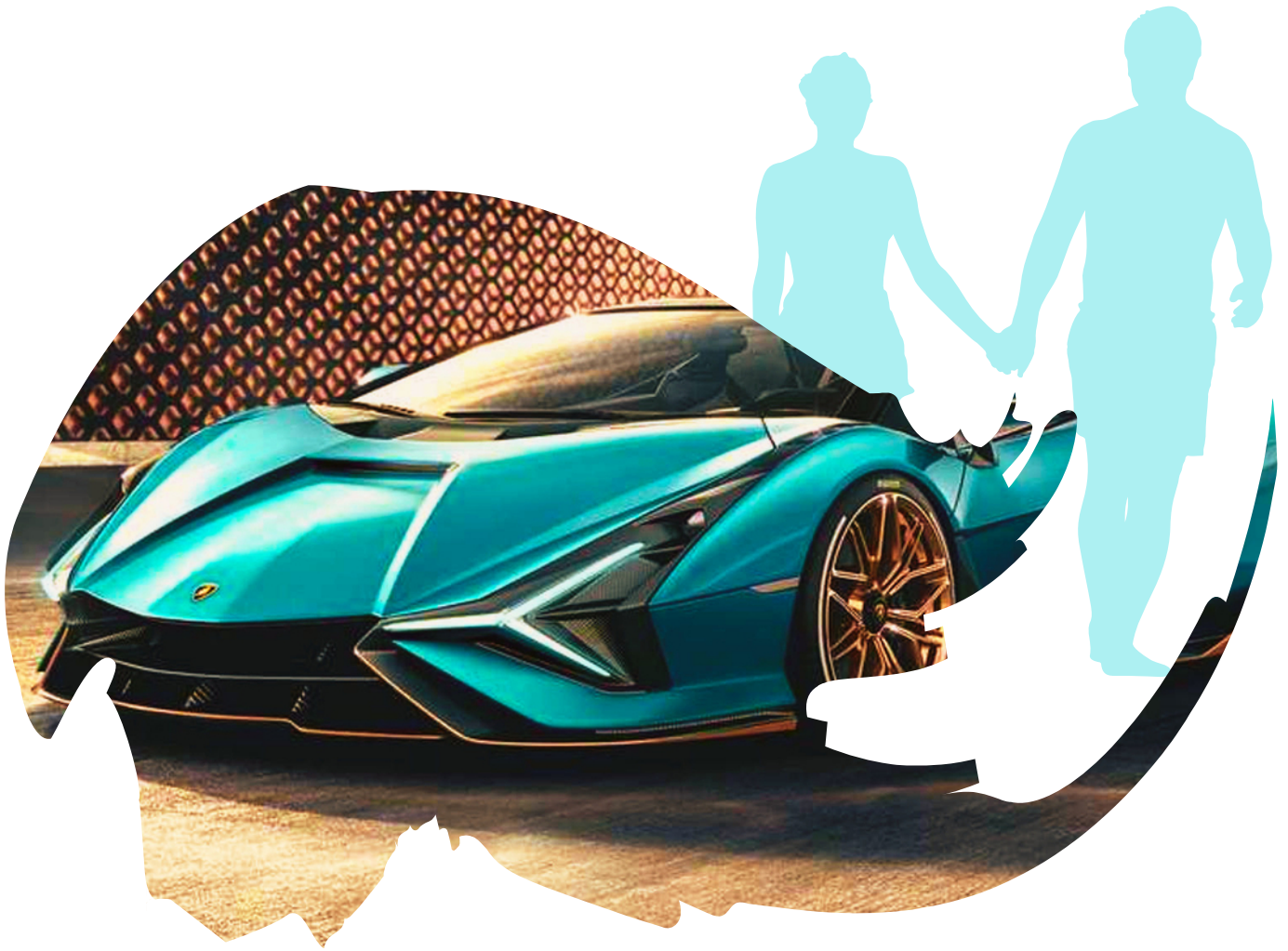
You do not drive your body under the influence of alcohol or any drug.

The Driver's Body Manual applies to both.



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This manual restores one thing:

What your body's natural systems actually utilize.

*Minerals. Water. Salt. Conductivity. Life.
Not chemicals. Not shortcuts. Not lies.*



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BLOOD TRUTH: THE FREEDOM TO FUEL YOUR HEALTH

What is the significance that life is in the blood ?



Your blood doesn't lie. It thrives or suffers, based on what you feed it. Let's cut through the confusion.

Blood truth:

The freedom to fuel
your health
and ditch the lies that
hold you back !



"Your blood doesn't lie. It thrives or suffers based on what you feed it. Let's cut through the confusion."

What's REALLY in your blood?

Two simple, non-negotiable parts: organic and inorganic elements.

1. Inorganic matter

There are two key inorganic components of your blood: Water & Mineral Salts. What is the key on this? Drinking tap water, just plain water will not do much good to your body since you may end up demineralizing it. The key is to add Mineral Salts. Our body is no less than 70% water, but it can not be plain water, it must be with sea mineral salts. The best sources of natural mineralized water are: sea water, isotonic, natural mineral water, rain

Why? Because our body is composed of minerals that must be replenish on a daily basis in order to keep the mineral balance in our body.

Blood truth:

The freedom to fuel
your health
and ditch the lies
that hold you back !

Myth, Truth & Fix



Myth: “Any water hydrates you.”

Truth: Your cells need “mineral-rich water”—not stripped, purified, or tap water.

Fix It Fast:

- Add a pinch of “Himalayan or Celtic salt” to your water.
- Drink “natural spring water” or coconut water.
- Avoid plastic bottles (toxins disrupt blood health) and commercial table salt.

“HEALTH, the one desirable condition of life, is the human organism in normal condition.”

BY MD GEORGE W. CAREY

2. Organic matter:

There are three organic elements that build up your blood:

- Healthy sugar,
- Essential healthy Fats and
- Albumin

Why they matter? Because:

- They form “cell membranes” (every single cell in your body!).
- They’re the “raw material for hormones” (testosterone, estrogen, cortisol—your mood, energy & metabolism depend on them!).
- They create “healthy cholesterol”, which your brain, heart, nerves, and immune system need to function well.



“HEALTH, the one desirable condition of life, is the human organism in normal condition.”

BY MD GEORGE W. CAREY



Essential Fats

Best Sources: Essential Fats refers to healthy oils such as Coconut Oil, Olive Oil and farm Butter.

- Coconut oil (supports thyroid + energy)
- Olive oil (anti-inflammatory)
- Grass-fed butter (rich in vitamins A, D, K2)

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“Your blood, my blood, our blood”

Next is healthy sugar, juts a little. For healthy sugar refers to honey & fructose. Specially raw honey, a divine healthy product that will provide your blood the energy you need. You must avoid all type of commercial sugars or any artificial edulcorate and any soda or artificial juice.

Last, Albumin; just to make it straight, easy to understand: the clear portion surrounding an egg yok is albumin. It doesn't mean you should not eat the yok. You must always eat the entire egg, minimum 2+ per day.

- Egg yolks (nature's multivitamin)

If your blood is well composed, your health becomes unbreakable.

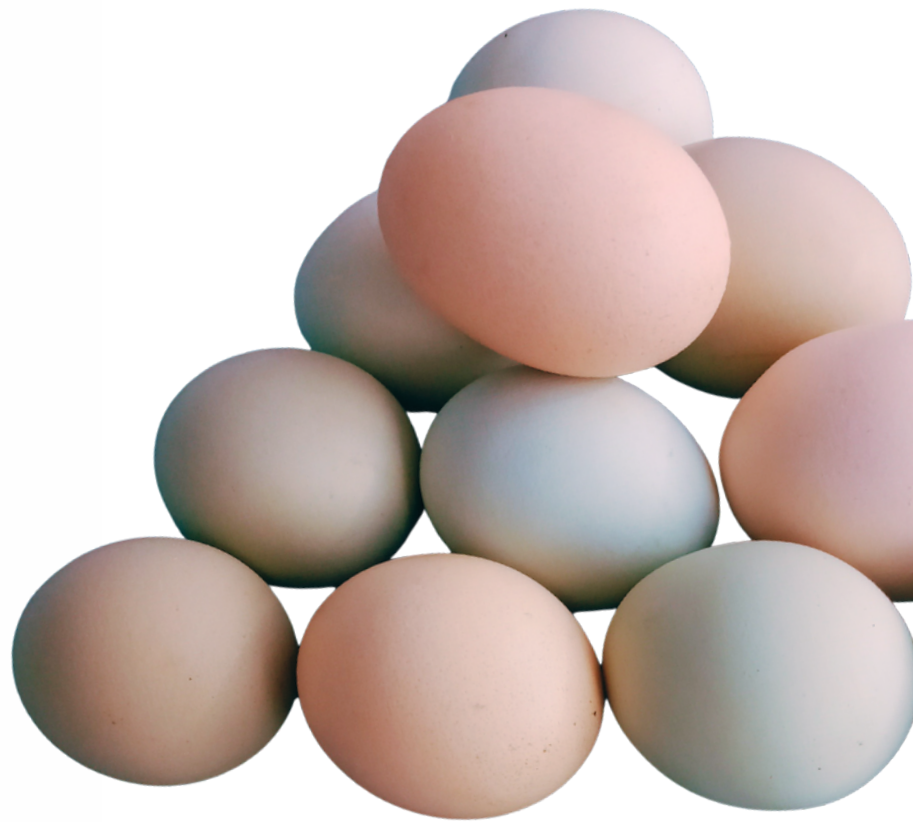
It irrigates all the nutrients, enzymes, amino acids...that every cell of our body needs.



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“Your blood, my
blood, our blood”

Myth, Truth & Fix



MYTH-BUSTING:

Three Health lies you've been sold

✗ Cholesterol is bad.

✓ Truth: Your body needs cholesterol to make hormones, vitamin D, and brain cells. Bad processed foods—not natural fats—cause heart and brain issues.

✗ "Vegetable oils are healthy."

✓ Truth: Soybean, canola, and corn oil cause inflammation (linked to diabetes, heart disease, and obesity).

✗ "Eggs raise cholesterol."

✓ Truth: Eggs balance blood sugar, provide essential fats, and boost brain power.

What is the significance that life is in the blood ?

Thousands of years before scientists understood the complex and extraordinary life sustaining properties of blood, the Bible informed that “the life of every creature is in its blood” . In ancient Israel, blood was not only a metaphor or symbol for life; it was equivalent to life itself. In most occurrences where blood was shed in Scripture, it meant that life had ended. To remove the blood is to terminate life.

3 Daily Upgrades for Healthier Blood

Start Today!

1 Morning: Drink warm water + lemon + pinch of sea salt (minerals + hydration).

2 Meals: Cook with coconut oil or butter—never industrial seed oils.

3 Snacks: Swap processed junk for “fruit + raw honey or boiled eggs”.



2 + factors for a healthy body:

1 SUN baths. It's a must on a daily base. It generates natural vitamin D, fundamental to our health

2 Grounding: Walking bare foot to charge and reach electric balance in your body. It affects significantly in a positive way to your blood.

3 Deep breathing: Exercise is a must. The body and our blood needs oxygen.

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Ancient wisdom knew it first

“The life of every creature is in its blood.” Leviticus 17:14

Thousands of years ago, scripture revealed what science now proves:

Polluted blood means fatigue, sickness, cravings. Clean blood means energy, clarity, freedom.

Would you pour coffee



into your LamBody?

Healthy life !

Freedom begins in our body. When you honor your blood, you claim:

- ✓ Food freedom (no more diet confusion).
- ✓ Energy freedom (no crashes or brain fog).
- ✓ True health (nature's way—no prescriptions needed).

Ready to feel alive?

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Recall:

Your Lamborghini does not run on coffee.

Your LAMbody does not run on coffee.

Your Lamborghini does not run on sugar.

Your LAMbody does not run on sugar.

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Grow with us, liBE like us, liBE free.!



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